### **PRODUCT & SERVICES**



#### **MASTERMIND**

A mastermind group is a group of like minded individuals who are intentional about their personal growth gather to study and grow together.



#### **WORKSHOPS**

Learning about personal growth through teachings, discussions, activities, value based games and various application techniques.



#### COACHING

Coaching empowers you with the answers you need to navigate the challenges, maximize opportunities, and grow into an even better version of yourself.



#### **SPEAKING**

Connecting with your audience is the first critical step to any kind of speaking for influence. Using stories to take the audience through a journey.



#### **MAXWELL DISC**

Each of us is wired as a combination of the four personality styles DISC, a methodology for predicting human behavior.



## TRANSFORMATION TABLES

Anyone willing to learn and live good values can change their world. Tools such as CYW & EQUIP help us to achieve.



## **ABOUT US**

#### **Balan Swaminathan**

- An Independent Certified Coach, Teacher, Trainer and Speaker with Maxwell Leadership Certified Team.
- CEO, Leading Life Transformation Inc.
- 10+ years of Church Ministry experience
- 22 years of Corporate experience

## **CONTACT US**



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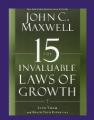


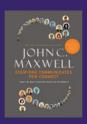
## LEADING LIFE TRANSFORMATION

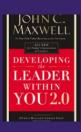


"UNLOCK YOUR GOD GIVEN POTENTIAL"

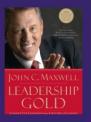
## **CURRICULUM**

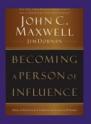


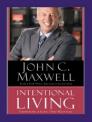




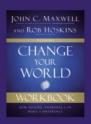












### Personal Growth helps you to

- know your blind spot
- remove your misconceptions
- build self-esteem
- discipline your life
- get out of your comfort zone
- achieve God given potential
- realize the purpose of life
- switch your focus from self to others.

# WHAT IS PERSONAL GROWTH?

Personal growth is the process by which a person recognizes self worth and continually develops to reach his or her full potential.

"Your personal growth is the only guarantee that tomorrow will be better."

-John C. Maxwell

"When nothing else around you is changing to promise you a better future, you decide to change yourself. This is the first step of personal growth."

- Balan Swaminathan
- Personal growth is a transformational process
- Growth is a lifetime process and a daily decision
- Growth doesn't happen automatically, one must be intentional to grow
- If you want to improve the rest of your life, you must improve yourself now



## **MY CREDENTIAL**

Trained and Certified by Dr. John C. Maxwell & faculties during the International Maxwell Conference (IMC) in March 2022.

## **OUR VISION**

Leading Lives to Transform Others

## **OUR VALUES**

- Adding Value to People
- Growing Everyday
- Living Intentionally
- Being Consistent
- Reaching the full Potential
- Leading Transformation